

**THE BEST WESTERN
SHRUBBERY HOTEL
Somerset Cricket League**

The Somerset Cricket League Rules on the Use of Helmets by Under 18 year olds and the Fast Bowling Directives of the ECB covering players in the Under 19 age group and younger.

Season 2008

Note: Age Group is based on age at midnight on 31st August 2007.

The Directive relating to the use of Helmets applies to under 18 year olds.

The Fast Bowling Directives apply to players in the Under 19 age group and younger.

Use of Helmets (Somerset Cricket League)

The Management Committee of the Somerset Cricket League has ruled that in **ALL league matches** any person under the age of 18 on August 31st of the previous year (2007) must wear a helmet with a faceguard or grille when batting or standing up to the wicket as wicket keeper.

Note: The Committee appreciates that this ruling is not in line with the recommendations of the ECB, whereby the ECB suggests that under 18s may play in matches without an appropriate helmet, providing the written consent of parents has been given.

The Management Committee of the Somerset Cricket League requires that Club Committees ensure that their captains are made aware of this directive.

Fast Bowling Directive (ECB)

Age Group	Maximum Overs Per Spell	Maximum Spells Per Match	Maximum Overs Per Day
Under 13	4 overs	2 spells	8 overs
Under 14/15	5 overs	2 spells	10 overs
Under 16/17	6 overs	3 spells	18 overs
Under 18/19	7 overs	3 spells	21 overs

For the purpose of these directives a fast bowler is defined as **a bowler to whom the wicket keeper (in their own age group matches)** would stand back to take the ball.

Having completed a spell the bowler cannot bowl again, from either end, until an equivalent number of overs to the length of his spell have been bowled from the same end. Interruption in play shall reduce this requirement by one over at each end for every 7 minutes of interruption.

Captains, Team Managers and Umpires are required to ensure that these directives are followed at all times.